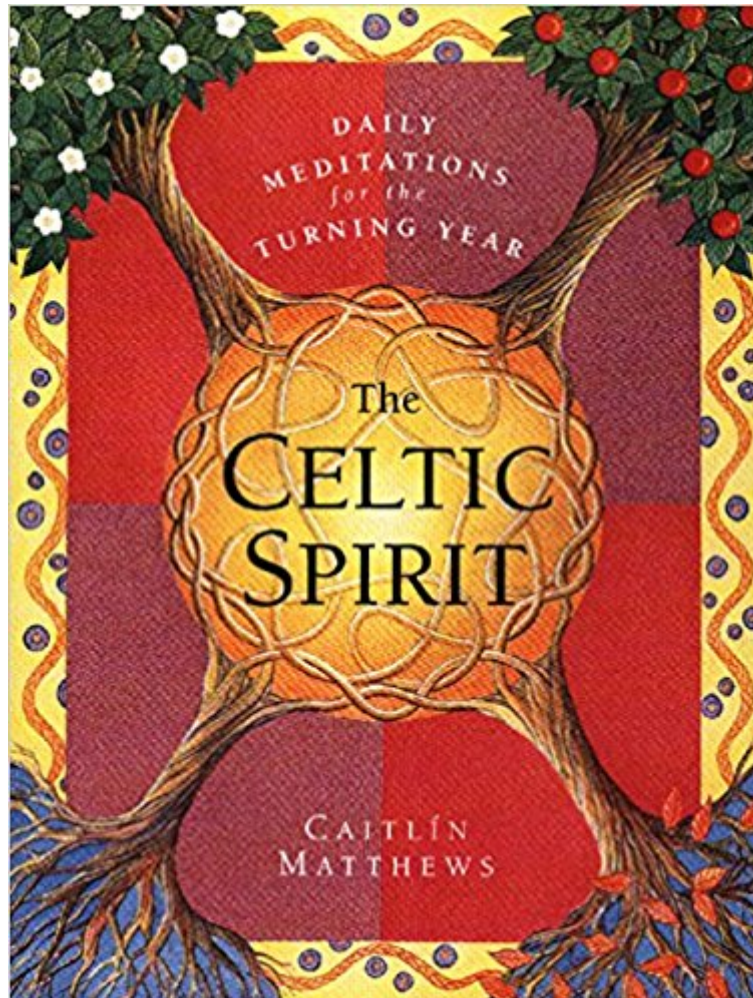


The book was found

The Celtic Spirit: Daily Meditations For The Turning Year



Synopsis

Discover the Living Wisdom of the Ancient Celts The ancient Celts and their spiritual mediators, the Druids believed in the communion of all living things and sought harmony between nature and the human soul. Now, with this inspiring book of day-by-day meditations, renowned Celtic scholar CaitlÃfÃ- n Matthews shows you how to reawaken the power of this age-old spiritual inheritance. Using poetry, myths, reflections, rituals, and visualizations, Matthews leads you on a yearlong pilgrimage that will help connect the cycles of your soul to the circle of the seasons. From the winter months of Samhain the summer months of Beltant, from meditations on the gifts and blessings of life to the insights and promises of the soul, she enables you to complete your own sacred circuit of the turning year. Brimming with the legends and lore of Ireland, Wales, Scotland, and Britain, The Celtic Spirit is a brilliant introduction to the sacred wisdom of the Celtic path--and a potent resource for daily spiritual renewal.

Book Information

Paperback: 416 pages

Publisher: HarperOne; 1st edition (December 30, 1998)

Language: English

ISBN-10: 0062515381

ISBN-13: 978-0062515384

Product Dimensions: 5.5 x 1 x 7.4 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 48 customer reviews

Best Sellers Rank: #262,148 in Books (See Top 100 in Books) #49 inÃ Â Books > Religion & Spirituality > New Age & Spirituality > Celtic #393 inÃ Â Books > Religion & Spirituality > Worship & Devotion > Meditations #599 inÃ Â Books > Religion & Spirituality > New Age & Spirituality > Spiritualism

Customer Reviews

"Because the "Celtic Spirit's simplicity and gentleness cut across boundaries, there's something here for almost everyone."--"Rocky Mountain News

Discover the Living Wisdom of the Ancient Celts The ancient Celts and their spiritual mediators, the Druids believed in the communion of all living things and sought harmony between nature and the human soul. Now, with this inspiring book of day-by-day meditations, renowned Celtic scholar

Caitlín Matthews shows you how to reawaken the power of this age-old spiritual inheritance. Using poetry, myths, reflections, rituals, and visualizations, Matthews leads you on a yearlong pilgrimage that will help connect the cycles of your soul to the circle of the seasons. From the winter months of Samhain to the summer months of Beltane, from meditations on the gifts and blessings of life to the insights and promises of the soul, she enables you to complete your own sacred circuit of the turning year. Brimming with the legends and lore of Ireland, Wales, Scotland, and Britain, "The Celtic Spirit" is a brilliant introduction to the sacred wisdom of the Celtic path--and a potent resource for daily spiritual renewal.

I have 2 copies of this book and use both regularly, which gives you an idea of how much I like this book and really anything by Caitlin Matthews. Even if Druidry (or any pagan religion) is of no interest to you, I still think you can enjoy the imagery and the daily meditations which put you back in touch with self, family and nature. Who can't use 15 - 30 minutes a day to do that in this busy world?

I have to say I read this everyday it does help get me in the right mind set to face the day

gave as a gift. They were appreciative.

I love this book. Much better than anticipated, great for daily devotions! I recommend this book to anyone who would like a slice of peacefulness to their day. I love the end questions, they make you analyze your own life and come to conclusions for growth.

This book is a treasure trove of things to think on and do. I've been using it in one of my classes to provide the students with insight into themselves and insight into being Celtic.

I read this every morning to start my day. It helps you tap in to the world's energy on a daily basis.

I love the book and find the daily meditations helpful and enlightening in the journey of my life. Exploring my heritage and the Celtic wisdom that has existed and exists today is a beautiful gift. Thank you Caitlin Matthews

This is my second copy. I highlighted my first one so much I needed a fresh copy.

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